



# THE HOI AN POST

Mar & Apr 2019

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## HIGHLIGHT

Tying  
the knot La Siesta style

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## WHAT'S ON

F&B promotions  
for Spring (Mar - Apr 2019)

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## AT A GLANCE

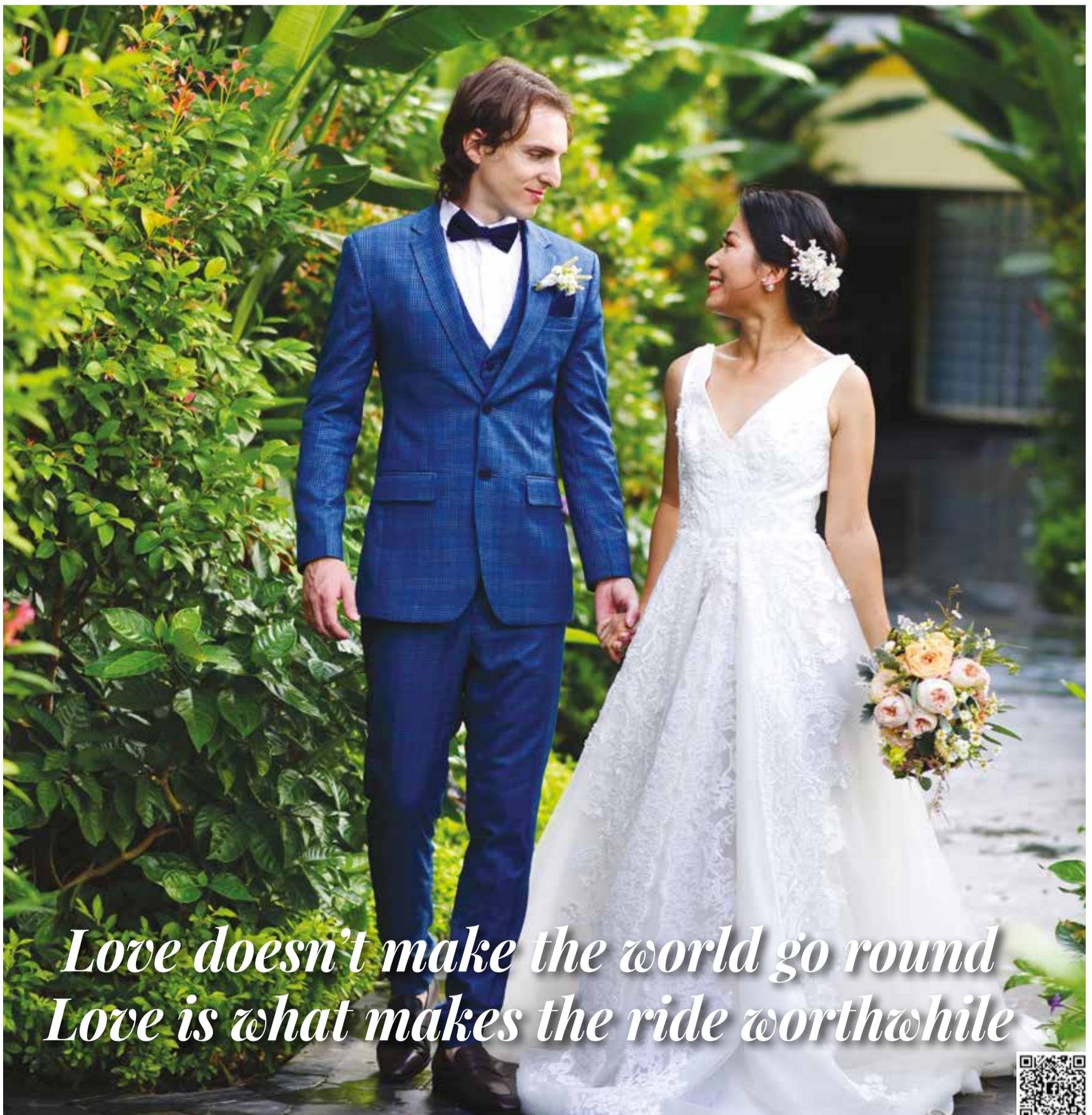
A memorable day  
in Hoi An

PAGE 08

## TOUR

Pedal power

PAGE 11



*Love doesn't make the world go round  
Love is what makes the ride worthwhile*

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## CHAIRMAN'S MESSAGE

A warm welcome to all our Hoi An guests this early spring.

There are never enough hours in the day at La Siesta Resort. We show you how to spend a truly memorable and relaxing 24 hours at La Siesta, from sunrise to sunset, without leaving the resort grounds. Staying at La Siesta Resort is an idyllic experience not just for those on holiday but also if you are planning a wedding. We have teamed up with one of Vietnam's leading wedding organizers to help make wedding dreams come true. These two experiences have The Temple restaurant and lounge in common - we invite you to savor the very best in seafood and international dishes dining by the saltwater pool. For relaxation La Spa, EHG's award winning spa, invites you to select your preferred massage oil when booking a massage making a personalized experience. Outside the resort of course is the quaint and beautiful Hoi An old town and surrounding countryside. So put on your cycling shoes for a leisurely ride through the villages for a local experience. If you are looking to spruce up your wardrobe you have come to the right place. Hoi An has long been one of the leading places in Vietnam for tailoring with sublime silks and beautiful designs.

Please enjoy this edition of the Hoi An Post, with information on our hospitality group and promotions to help make the most of your stay with us.

A stylized, handwritten signature in black ink, consisting of a large initial 'D' followed by a series of loops and a long horizontal line extending to the right.

**Do Van Dan (Mr.)**  
Chairman/CEO

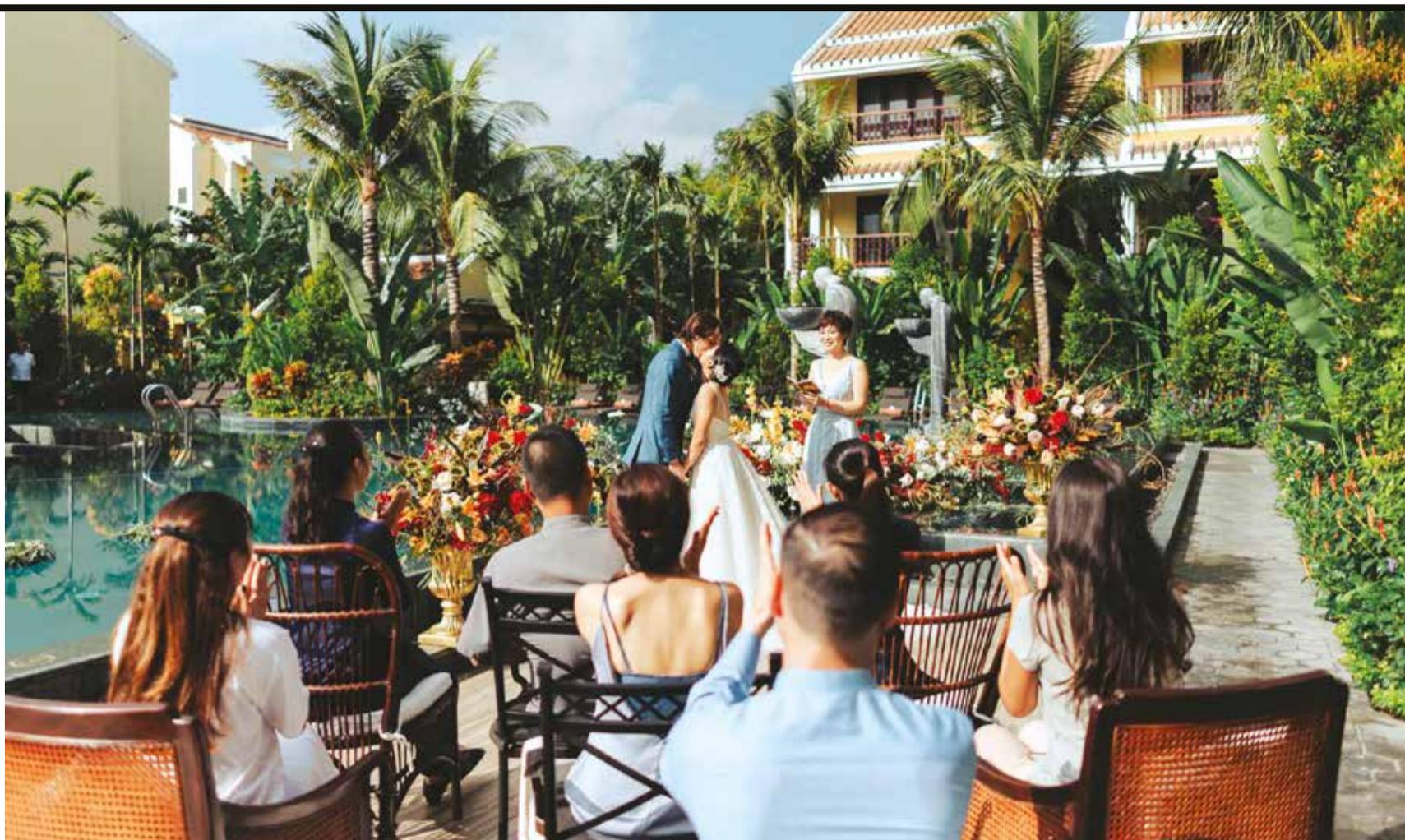
Elegance Hospitality Group



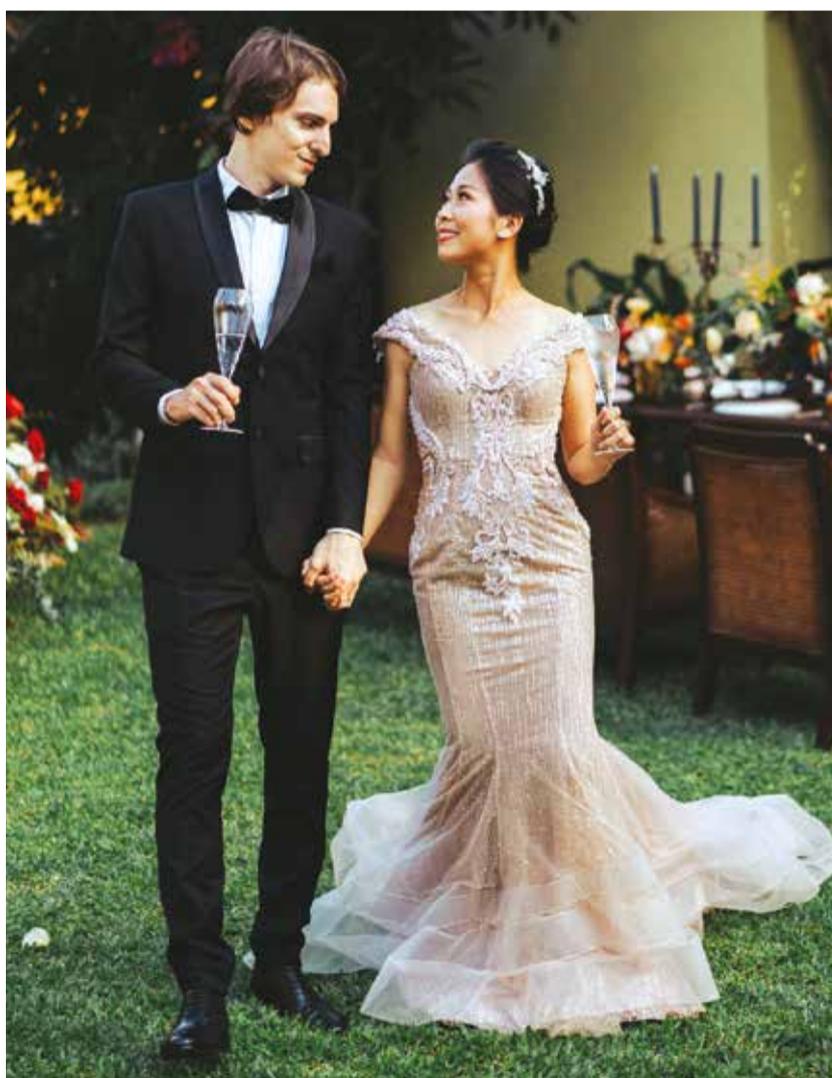
Getting married abroad makes one's special day ultra-special and memorable. Couples who shun conventional formats of weddings on their home ground are opting to marry abroad. Vietnam, and Hoi An in particular are fast becoming dream wedding destinations. Hoi An is charmingly romantic with a backdrop of timeless culture and tradition, a rich heritage and, of course, superb cuisine.

La Siesta has teamed up with Bouquet & Buttonhole, Vietnam's first wedding planning agency, to create exclusive wedding packages within our resort. We see this as a perfect partnership of two like-minded teams. Our resort is an intimate setting with second-to-none service, tropical gardens and twinkling lights, an exquisite setting, sublime accommodation, heavenly cuisine and perfect pampering. Bouquet & Buttonhole is there every step of the way building and managing your bespoke wedding to match your dreams and aspirations.





## TYING THE KNOT LA SIESTA STYLE



Wedding ceremonies numbering from just a handful of guests up to 70, take place in La Siesta resort's secret tropical garden, around the saltwater pool and on the terrace of The Temple restaurant.

From wedding invitations, wedding stationery and certificates to hair and make-up, décor and floral arrangements. From the wedding cuisine of your choice to pampering packages for the bride and groom and day trips for guests ... every element is taken care of.

La Siesta's resort team will create the unforgettable occasion for you and your guests.



# F&B promotions for Spring (Mar – Apr 2019)



Scan here, get there!

EHG's restaurants and bars have a great selection of food and beverage offers during this late spring.

## Red Bean Hoi An

### MARCH

#### Happy hour

Buy 1 get 1 free on local beers, mixed drinks, classic cocktails and wine by the glass  
Available 16:00-18:00 and 20:30-22:00 daily  
*Red Bean Hoi An, Classic Wing*

#### Ladies Night

Buy 1 get 1 free for all ladies  
(applies to beverages by the glass)  
Every Thursday evening  
18:30-21:30  
*Feliz Bar, Classic Wing*

#### International Women's Day 2019

Special happy Women's Day Vietnamese set menu  
8 March 2019  
*Red Bean Hoi An, Classic Wing*

#### BBQ Royal Dinner

Traditional feast every Saturday night  
*Red Bean Hoi An and Courtyard Garden, Classic Wing*

### APRIL

#### Happy hour

Buy 1 get 1 free on local beers, mixed drinks, classic cocktails and wine by the glass  
Available 16:00-18:00 and 20:30-22:00 daily  
*Red Bean Hoi An, Classic Wing*

#### Reunification Day - Vietnamese set menu

Available 30 April 2019  
*Red Bean Hoi An, Classic Wing*

#### Signature Cocktails

**La Siesta Impression**  
A refreshing gin based cocktail with gin, triple sec, Cointreau and blue curacao

#### First Air

A combination of aloe vera, gin and grape juice  
*Red Bean Hoi An and Feliz Bar, Classic Wing*

#### BBQ Royal Dinner

Traditional feast every Saturday night  
*Red Bean Hoi An and Courtyard Garden, Classic Wing*



## The Temple

### MARCH

#### Happy hour

Buy 1 get 1 free on mixed drinks, classic cocktails and wine by the glass  
Available 16:00-18:00 and 20:30-22:00 daily  
Buy 2 get 1 free on all brands of beer  
*The Temple Restaurant & Lounge, Club Wing*

#### International Women's Day 2019

**Cocktail special during March**  
Inspired by her cocktail collection

**Royal Wellness set menu**  
8 March 2019

Includes a complimentary cocktail  
Price at 790,000VND/person  
*The Temple Restaurant & Lounge, Club Wing*

#### Temple Delight Night

1.5 hours free flowing wine, cocktails and beer with pass round canapés  
Every Wednesday evening  
Price at 379,000VND/person  
Available 18:30-20:00  
*The Temple Restaurant & Lounge, Club Wing*

### APRIL

#### Happy hour

Buy 1 get 1 free on mixed drinks, classic cocktails and wine by the glass  
Available 16:00-18:00 and 20:30-22:00 daily  
Buy 2 get 1 free on all brands of beer  
*The Temple Restaurant & Lounge, Club Wing*

#### April wines

Special South African wine promotion  
Culemborg Chenin Blanc  
Culemborg merlot  
Per glass 152,000 VND net  
Per bottle 682,000 VND net  
Available from 11:00-23:00  
*The Temple Restaurant & Lounge, Club Wing*

#### Gourmet Steak Night

Includes a complimentary glass of red wine  
Price at 570,000 VND/person  
Every Tuesday and Thursday evening  
*The Temple Restaurant & Lounge, Club Wing*

#### The Temple Delight night

Enjoy free flowing wines, cocktails and beers including canapés  
Price at 379,000VND/person  
Available every Wednesday evening 18:30-20:00  
*The Temple Restaurant & Lounge, Club Wing*

OUR SERVICE



# HEAVENLY DINING

Named after the adjacent communal place of traditional and spiritual worship bordering the resort grounds, The Temple restaurant serves inspired cuisine in an environment oozing friendly sophistication and elegance. Evening fine dining at The Temple is more than just a meal. It is a complete experience. Sublime international dishes feature a well-chosen selection of French and Italian cuisine showcasing succulent steaks, tender chicken and high quality seafood fare. Flavorful dishes are perfectly cooked and artistically presented, complemented by fine wines and spirits while the service is seamless, friendly and unpretentious.

Stepping into The Temple through one of the five doors, which open onto the saltwater poolside terrace, feels as though one is stepping back into an Indochina-French colonial period. Rattan chairs, white furnishings, timeless mahogany colored ceiling fans, simple but sophisticated flower arrangements and stained glass lamps dotted around call to mind a bygone era. Behind the bar a colorful series of small arched alcoves creatively house and showcase prime bottles of spirits.

Yellow is the predominant color. Internally the Temple's rich golden sunshine walls link the restaurant to the Club wing villa façade where it takes of pride of place, as well as to its spiritual house namesake next door and the yellow of Hoi An ancient town.

Against this visual backdrop is the soothing and subtle sound of running water from the saltwater pool outside and the mellow soul music within.

Whether dining solo, as couple, family or group of friends no excuse is needed to treat oneself to an exquisite dining experience.

**THE TEMPLE**

*Ground floor, Club Wing, La Siesta Premium Hoi An, 132 Hung Vuong Street, Hoi An*

*Seating capacity 66 (including bar area)*

*Breakfast 06:30-10:00*

*Lunch through to dinner from 11:30 - 22:00*

*Last orders 21:45*

*Happy Hour 16:00-18:00 and 20:30-22:00*





AT A GLANCE



# A MEMORABLE DAY IN HOI AN

## WAKE UP

For the energetic amongst us head to the gym for an early morning work-out or yoga.

## BREAKFAST

A lazy morning with breakfast on your balcony overlooking the pool making the most of your guestroom. Choose from a selection of international dishes or traditional Vietnamese breakfast cuisine.

## MID-MORNING TO LUNCH

Always wanted to learn how to cook the Vietnamese way? Then take a Red Bean cooking class. Visit the nearby wet market learning how to bargain for ingredients. Back at the resort don your chef's hat as you prepare your own Vietnamese lunch guided by one of our chefs in Red Bean restaurant.

## EARLY AFTERNOON

Relax after lunch with a sunbathe or gentle swim in one of the two pools soaking up the resort's atmosphere.

## AFTERNOON

Time to pamper the mind, body and soul. Choose from over

30 therapies and treatments at our award winning La Spa housed in garden villas within the tropical gardens.

## EARLY EVENING

What better way to spend a late afternoon/early evening than a cocktail demonstration and sampling some classic and signature cocktails created by our talented bar staff. Head back to your guestroom to freshen up before dinner.

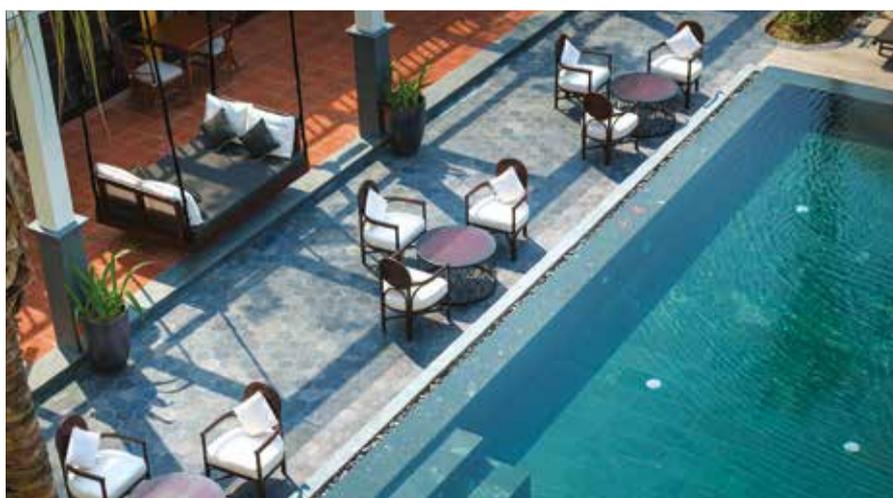
## DINNER

Dine at the Temple Restaurant & Lounge facing the saltwater pool. Choose from a sublime menu of international and seafood dishes complemented by a bottle of fine wine.

## NIGHTCAP

After an evening stroll around the resort's tropical gardens enjoy a nightcap - maybe another cocktail or a premium spirit - before heading back to your guestroom for a blissful night's sleep in your wonderfully comfortable bed.

Recharge the batteries ready for another relaxing day at the resort.



# THE ESSENCE OF OILS



While the body's skin can be dry massaged, the absence of oil makes the whole process and technique, for both the therapist and customer less comfortable. Therefore, the spa world incorporates oils which are compatible for massage. This ensures smooth movement of technique and avoids unpleasant friction between a therapist's hands and skin.

There are many different types of massage, chosen for a variety of reasons and conditions. In parallel, the oils applied depend on the treatment. Each oil should have certain properties suitable for that particular massage which in turn enhances the overall benefits and effect.

Essential oils are used to balance the mind, body, spirit and emotion. The word 'essential' refers to the 'essence' of a plant's fragrance. Carrier oils, also known as base oils, dilute essential oils and 'carry' them onto the skin.

Some of the most common essential oils used in the spa industry include lavender, rosemary and peppermint. However, at La Spa where we incorporate as many eastern influences as possible, the four essential oils used are locally inspired, steeped in Vietnamese and southeast Asian tradition and generate an authentic experience. They are fokienia, citriodora, holy basil and cajepu. Our two carrier oils are one common and one local. Olive oil is the most generic carrier which we balance with tamaru oil, a traditional Vietnamese favorite.

At La Spa you get to choose which essential and carrier oils you prefer for your massage.



Scan here, get there!



Scan here, get there!

## PEDAL POWER

An enjoyable way to see the countryside and places of interest around Hoi An is by bicycle and we have two guided cycle tours to tempt you, one of three hours and a more comprehensive one of six hours, both starting and finishing at the Resort.

Each tour makes a first stop at the Thanh Ha Pottery Village where you can see pottery items being made and try your hand at making something, with the aid of local artisans. From there, on the shorter tour, you will cycle through countryside and rice paddies to the traditional village of Tra Nhieu on the Thu Bon River. Here you can enjoy the scenery, the peaceful atmosphere and learn about the local handicrafts, including mattress making.

On the longer tour, after the Pottery Village, we will cycle along winding country roads, across bridges, passing water buffalo in the fields, to the Cam Thanh nipa palm forest, 3 km southeast of Hoi An. Next we will spend 30-45 minutes learning to sail a Thung Chai - the traditional conical bamboo basket boat along the Thu Bon River. You may like to try your hand at catching fish and purple crabs in the canals.

Before returning to the Resort we will enjoy a traditional lunch with a local family and learn about their daily life.

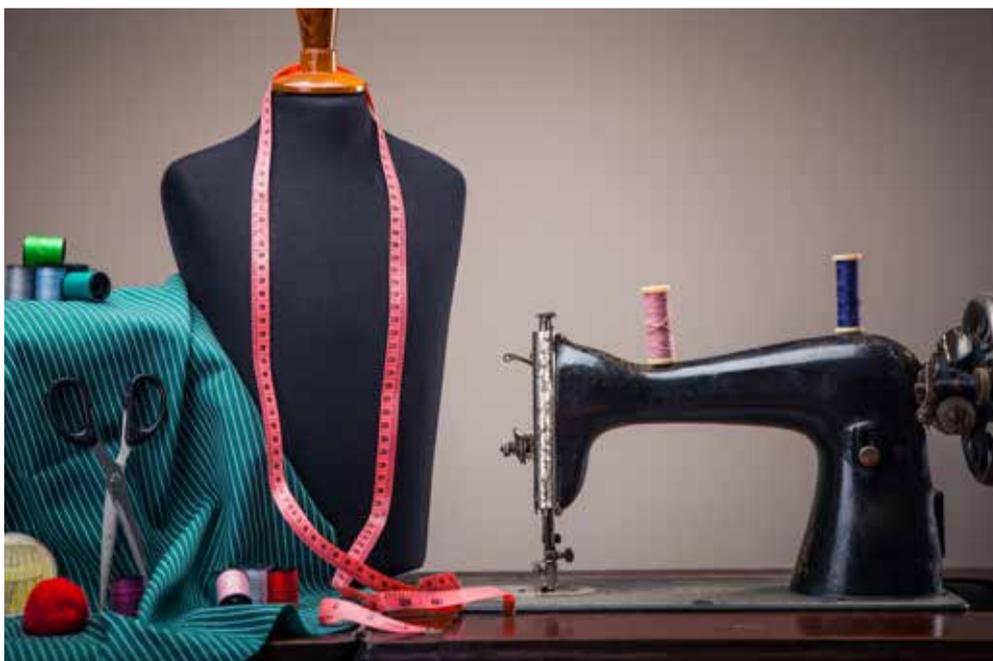
For more information and to book a tour please contact the front office.



# A STITCH IN TIME

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The UNESCO World Heritage site of Hoi An is the ultimate destination for perfectly tailored clothes. In fact, it is one of the top destinations in the world and the tailoring capital of Vietnam. The tradition dates back to the town's past as a trading port on the silk route.

Bespoke suits and copies of designer dresses are produced at a fraction of the cost in the West. The artisans are highly skilled and produce garments with every intricate detail included. The customer can either show the tailor a picture of the desired outfit or the tailor will make suggestions as to the style they feel will best suit that customer. Careful measurements and details are then taken and the material chosen from the huge range available, after which the garment is usually ready for collection in a day or two.

There are literally hundreds of tailoring shops in Hoi An, far outnumbering any other line of business, therefore the task of finding one tailor among so many can be bewildering. Here we list some of the best known names in the town:

- Thu Thuy at 60 Le Loi Street is the oldest and largest tailors; Bao Khanh Silk at 101 Tran Hung Dao Street which has been featured in the UK's Sunday Times newspaper;

- Tony the Tailor at 294 Nguyen Duy Hieu which is a little outside the main area

- Lana Tailor at 130 Tran Phu Street and 94 Le Loi Street which tends to specialize in women's garments

- Yaly Couture at 358 Nguyen Duy Hieu Street which specializes in adornments

- A Dong Silk at 40 Le Loi which specializes in high end tailoring

- B'lan Silk at 3 Tran Phu street which is situated in a 200-year-old house that one can take a tour of.

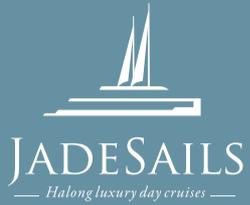
Please contact the front desk for further information.



**ELEGANCE**  
TAILOR

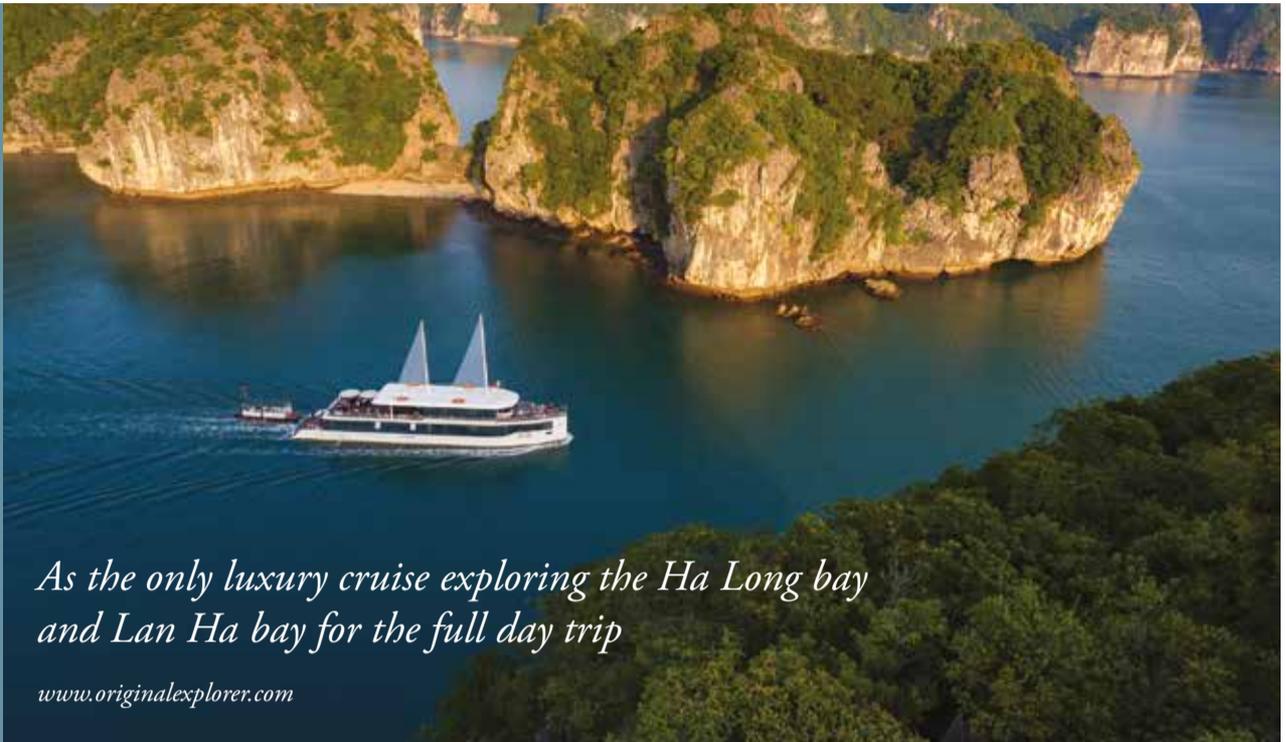
Custom made clothing  
is now available at La Siesta  
with Elegance Tailor.  
We bring the very  
best in Hoi An tailoring to you.

La Siesta Hoi An Resort & Spa  
132 Hung Vuong, Thanh Ha, Hoi An  
Tel: 84-235-3915 915



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# Speaking Vietnamese

## DAILY CONVERSATION

ENGLISH	VIETNAMESE	PRONUNCIATION
Hello/ Hi/ Good morning/ Good afternoon/ Good evening	Xin chào	Sin chow
Goodbye	Tạm biệt	Tam bee it
Good night	Chúc ngủ ngon	Chook ngu ngon
See you again	Hẹn gặp lại	Hen gawp lie
How are you?	Bạn có khỏe không?	Ban co kwe khome?
I'm fine, thank you!	Cảm ơn bạn tôi khỏe	Gahm un ban thoy kwe
What's your name?	Bạn tên gì?	Ban thane zee?
My name is...	Tôi là...	Thoy la...
Thank you	Cảm ơn	Gahm un
You're welcome	Không có chi	Khom go chee
Sorry/ Excuse me	Xin lỗi	Seen loy
No problem	Không sao	Khome xao
Yes	Vâng	Vung
No	Không	Khome
Can you help me?	Bạn giúp tôi được không?	Ban zoop thoy duc khom?
I don't understand	Tôi không hiểu	Toy kung hey-oh
I understand	Tôi hiểu	Toy hey-oh
Happy New Year!	Chúc mừng năm mới!	Chuck moong numb moi!

## SHOPPING

ENGLISH	VIETNAMESE	PRONUNCIATION
I would like something else	Tôi muốn cái khác	Toy muan kai khac
Souvenir	Quà lưu niệm	Wa lew niem
Bag	Bao	Bao
How much?	Bao nhiêu tiền?	Bow neuw tee-en?
Can you give me a discount?	Bớt được không?	Bot duoc kung?
That's too expensive	Đắt quá	Dat wa
I can't afford it	Tôi không đủ tiền	Toy kung du tien
Ok, I'll take it	Tôi mua cái này	Toy moo-ah kuy nay
I don't want to buy this	Tôi không mua	Toy kung moo-ah
Smaller size	Cỡ nhỏ hơn	Cor nyor hurn
Larger size	Cỡ lớn hơn	Cor lurn hurn
What is this?	Cái gì đây?	Kie zee day
Can I have a look?	Tôi có thể xem được không?	Toy co the xem duoc kung?

### ABOUT EHG

Elegance Hospitality is a group of hotels renowned for our well-equipped facilities and sophisticated service. Founded in the early 2000s, we have developed from our first hotel in Hanoi to the current chain of 6 boutique hotels in Hanoi's Old Quarter and one outstanding resort in Hoi An Town. Our distinctive collection of properties redefines the very concept of boutique and luxury hospitality.

### HEAD OFFICE

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